

Connex Menu

Lattes

SMALL: \$5.75

MEDIUM: \$6.00

LARGE: \$6.50

ALOHA:

coconut & macadamia nut

ALPHA:

butterscotch & white mocha

BETTY WHITE:

raspberry & white mocha

CARAMEL CREAM:

caramel & irish cream

CINNABUN:

brown sugar cinnamon & caramel

CLOUD-9:

coconut & white mocha

DELTA:

chocolate & butterscotch

FOX:

irish cream & chocolate

7TH HEAVEN:

white mocha, caramel,

macadmia nut

RUCK MARCH:

brown sugar & caramel & vanilla

GENERAL:

peppermint mocha

GLOCK:

dark chocolate english toffee hazelnut

GREEN BERET:

white mocha & creme de menthe

KATE SPECIAL:

maple & oatmilk

ALMOND JOY:

almond & coconut & chocolate

LIZZY SPECIAL:

white mocha & caramel

LUCKY PENNY:

white mocha & coconut & irish cream

MILKY WAY:

chocolate, toasted marshmallow, caramel

PARACHUTE:

white mocha & caramel & english toffee



Tea

\$3.25

CHAMOMILE
MINT

RASPBERRY
ORANGE SPICE
PASSION

GREEN

CHAI

EARL GREY

ROCIBOS VANILLA



Smoothies

\$6.75

STRAWBERRY
BANANA
MANGO

Protein Smoothies

\$7.25

MEAN GREEN:

mixed greens & vanilla

VANILLA BERRY:

mixed berries & vanilla

PB. cocoa BANANA:

peanut butter & cocoa & banana

STRAWBERRY BANANA:

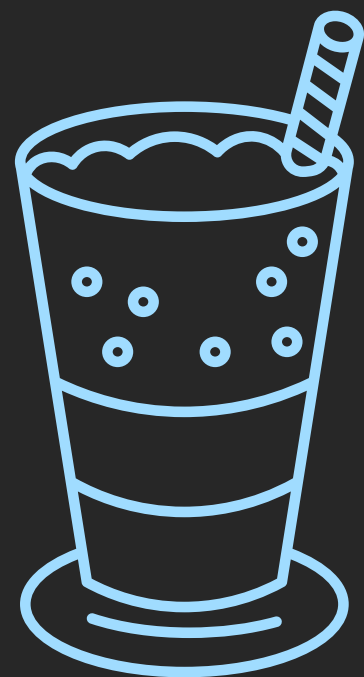
strawberry & banana & vanilla

PB BANANA:

peanut protein & banana

STRAWBERRY MANGO:

strawberry & mango & vanilla protein





Coffee

hot or iced

AMERICANO

small - \$3.50

medium - \$4.00

large - \$4.50

CAPPUCCINO

small - \$5.75

medium - \$6.00

large - \$6.50

SHOT IN THE DARK

small - \$4.25

medium - \$4.75

large - \$5.25

CHAI LATTE

small - \$5.25

medium - \$5.75

large - \$6.25

MOCHA

small - \$5.50

medium - \$6.00

large - \$6.50

BREVE

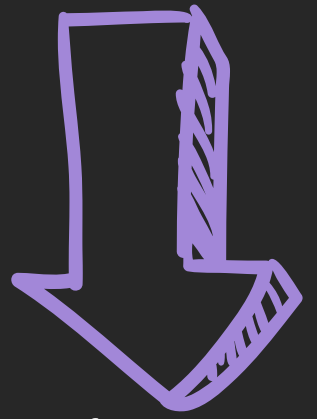
small - \$5.75

medium - \$6.00

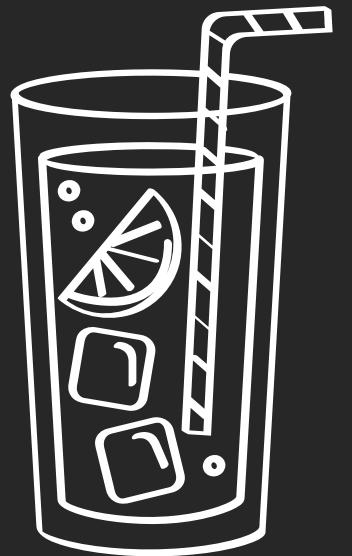
large - \$6.50



\$5.50 *Tactical Tonics*



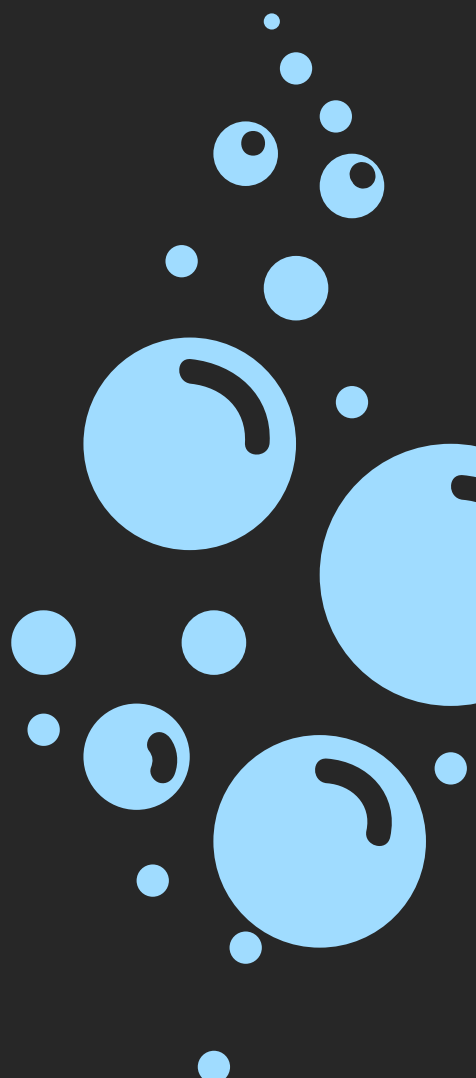
- BLACK OPS:** Redbull & irish cream & coconut
- BULLET:** pink Monster & hibiscus & orange
- CREW:** Redbull & orange juice & mango
- FIRE & SWORD:** mango Monster, peach, mango, strawberry
- FAIRY:** pink Monster & hibiscus
- INVICTUS:** Redbull & blue raz & coconut
- I.V.:** white Monster & coconut & vanilla
- PURPLE HEART:** white Monster & blue raz & cherry
- RECRUIT:** Redbull & watermelon & coconut
- RUNNER:** white Monster & butterscotch
- RED FLAG:** Redbull & cherry
- SECRET:** mango Monster & coconut & mango
- THUNDER:** Redbull & watermelon & coconut
- TROPIC PEACH:** Redbull & vanilla & peach



Sassy Sodas

\$3.50

- TROPIC:** coconut & cream & lime & sprite
- SAPPIRE:** blue raz & vanilla & sprite & coconut
- FEATHER BOA:** diet coke & sugar free raspberry
- PINK CADILLAC:** vanilla & cherry & coconut & sprite
- FLOWER:** hibiscus & sprite
- DAZZLE:** macadamia nut & coconut & sprite
- HULA:** mango & coconut & sprite
- NUCACOLA:** coke & cherry & vanilla & cream
- SUNFLOWER:** butterscotch & vanilla & sprite
- GLAMOUR:** dr. pepper & vanilla cream & coconut
- CASIS:** orange juice & mango & sprite
- VITALITY:** lavender & vanilla & sprite





Breakfast



MEAT

Sausage
Bacon
Ham

BREAD

Bagels
Croissant
English Muffin

BREAKFAST SANDWICH - \$7.00

meat + egg + cheese

CORNWELL - \$8.75

all meats + egg + 2 cheeses

AVOCADO TOAST - \$4.75

+ optional egg - \$1.00

NUTELLA TOAST - \$4.50

+ optional banana

CATMEAL - \$4.75

+ optional berries & syrup

MUFFIN - \$3.75

DANISH - \$2.00

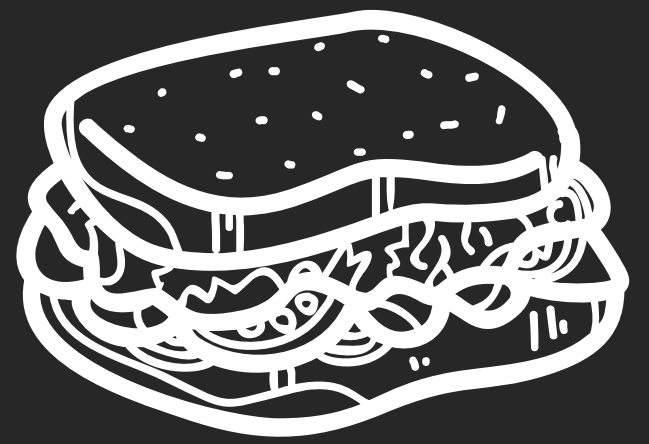


Lunch



BREAD

Wheat
White



CLUB SANDWICH - \$7.25

turkey, ham, bacon, cheese, onion,
tomato & lettuce

BLT - \$6.75

bacon, lettuce & tomato
+ optional cheese

CHICKEN BACON MELT - \$7.75

chicken, bacon, cheese, onion & tomato
on a hoagie bun

ULTIMATE GRILLED CHEESE - \$4.00

grilled cheese with tomato & pesto
+ optional tomato soup

LUNCH SPECIAL - \$10.00

sandwich + chips + soda

