
WELCOME TO UTAH

Most of Utah lies on a plateau higher than 4,000 feet above sea level. The geology of this region takes on an amazing variety of shapes and colors.

Recreation

Bryce Canyon

Highway 63
Bryce Canyon National Park
Bryce, UT 84764

Rim Trail

Trail Type: Hiking
Length: 4.7 miles one way
Difficulty: Easy



The Rim Trail at Bryce Canyon is a decent-sized, but fairly easy hike—with less than 200 feet of elevation gain—that spans the rim of the amphitheater from up north at Fairyland Point, down past the Bryce Canyon Lodge, and on to Bryce Point. Shaped like a deranged crescent, it offers views of many of the same landmarks from diametric viewpoints.

Navajo Loop Trail

Trail Type: Hiking
Length: 1.3 miles round trip
Difficulty: Moderate



The most popular trail in Bryce Canyon National Park, the Navajo Loop Trail takes visitors down the rim from Sunset Point, through the narrow corridors of Wall Street, past the Silent City, past an intersection with Queens Garden Loop Trail, and the top of Peekaboo Loop Trail, before ascending the rim of the amphitheater again at Sunset Point. The trail requires hikers to descend 800 feet down the side of the Bryce rim, and then at the end of the hike to climb right back up that slope.

PROVO

Battle Creek Falls

Trail Type: Hiking

Length: 1.2 miles out and back

Difficulty: Easy



From the trailhead, just follow the obvious hiker trail into the canyon. The trail stays in the bottom of the canyon, along the stream, for most of the way, but it climbs up onto the bench as you approach the waterfall. You can easily hike down to the base of the waterfall or continue up the canyon for several more miles.

You return the way you came in.

Timpanogos Cave Trail

Trail Type: Hiking

Difficulty: Moderate



Timpanogos Cave National Monument includes an impressive cave system known for its colorfully decorated caverns. It is located in American Fork Canyon, along Utah's populous Wasatch Front, and so it attracts a large number of visitors every year. To reach the caves you must hike up a steep 1.5 mile long trail. A guide takes you through the caverns and you exit not far from where you came in. You then descend along the same trail you hiked up.

Timpanogos Caves may only be entered with a guided tour. Tours are offered from mid May through mid October every year. On weekdays you may be able to join the next tour if you just arrive at the visitor center and pay your fees. On weekends and holidays, tours fill up quickly and you may have to wait several hours if you do not have advanced reservations. Tour tickets may be purchased up to 30 days in advance by calling (877)444-6777 or by [visiting recreation.gov](http://visitingrecreation.gov)

MOAB

Arches National Park

The entrance to Arches National Park is north of the town of Moab, Utah.

From Moab, drive north on US 191 for five miles, or

From Interstate 70 (Crescent Junction), drive south on US 191 for 22 miles.



From

Utah's famous icon, Delicate Arch, to other surreal features, Arches National Park offers a plethora of hiking trails for visitors of all ability levels. Intertwining trails allows visitors to see many of the park's 2,000 sandstone arches up close and personal within a few days. These wind- and water-carved wonders rise out of the red rock like gateways to the Jurassic, when they were just boring old dried up lakes.

Canyonlands National Park

FROM SALT LAKE CITY, UT (244 miles): Take I-15 S toward Las Vegas. Merge onto US-6 E (exit 258) toward US-89 E Price/Manti. Take the US-191 S (exit 182) toward Crescent Junction/Moab. Turn right onto US-191 S to Moab. Turn right on UT-313 W and follow signs to Canyonlands National Park.



Although Canyonlands is one park, it's divided into four regions — three districts (Island in the Sky, The Needles and The Maze) plus the Green and Colorado Rivers that divide them up. It takes hours to travel from one district to another, so most people focus on one area per visit.

Bear Lake

Limber Pine Trail

Trail Length: 1.5 mile loop

Difficulty: Easy



Limber Pine is "a short walk with... a series of switchbacks through... [fir, aspen, and] wildflowers. The goal is a large limber pine, which is actually several trees that have grown together.... There are stunning views of Bear Lake from several points.

The Lake

Bear Lake is sometimes called the Caribbean of the Rockies. This is because of the beautiful aqua color of the water. Though it's hard to capture in photos, it does look a little bit like Aruba.



The other great thing about the lake is that the beach is very shallowly sloped. This means that the water doesn't get deep fast. In fact, we walked out nearly 100 yards and still didn't get the water up much past our belly-buttons. This makes it awesome for kids. It also means that the water is much warmer than it would be if it were deeper. So the beach at Bear Lake is incredible.

*There are many more locations and activities in our wonderful state of Utah for additional information please feel free to ask any of our MWR associates or look up online *

Tourist

Salt Lake County

Temple Square

Address: 50 N Temple, Salt Lake City, UT 84150

Salt Lake City was founded on July 24, 1847 by a group of pioneers led by Brigham Young. These pioneers, who were members of The Church of Jesus Christ of Latter-day Saints, came to Utah to have a place where they could freely practice their religion. A few days after arrival they began drawing plans for the city, starting from a single point and fanning out into a grid system of 10-acre blocks. Today's Temple Square was the city center, with the start of the grid at the "Base and Meridian" on the corner of South Temple and Main Street.



Utah State Capital

Address: 350 N State St, Salt Lake City, UT 84114-4799



Tours begin on the hour from 9:00am to 4:00pm Monday–Friday, with the exception of state holidays. Our tour curriculum is designed for audiences 4th grade (ages 10) and older. At this time, we do not offer a guided tour for children under the age of 10.

Hogle Zoo

Utah's Hogle Zoo is a Utah treasure. Located at the mouth of Emigration Canyon since 1931, the Zoo is spread out over 42 acres. Its natural hillside terrain and meandering tree-covered pathways enhance your visit as you discover the wonders of the natural world.



Address: 2600 Sunnyside Avenue (840 South) Salt Lake City, UT 84108

City Creek Mall

City Creek has a variety of options to choose from, from some of the best shopping, to food court and restaurant options. It is also located across the street from temple square.



Address: 50 South Main Street, Salt Lake City, UT 84101

Fashion Place Mall

We offer a variety of services and amenities to ensure you have an enjoyable shopping experience.



Address: 6191 S State St, Murray, UT 84107

Utah County

Goga

Goga is the combination of goats and yoga! Is there anything better?! During the 40 minute yoga class, baby goats run around and jump on the backs of the participants. The laughter never stops! After the class, you get 20 minutes to get all the pictures you want or just snuggle some cute little goats. Anyone is welcome at Goga. Classes are mainly held in Utah County.



Address: Summerhill Event Center 8194 Sage Hill Drive Saratoga Springs, UT 84045 (208) 971-0268

Please call for information they move around to different locations and dates varies based on the season

Axe Throwing

If you will have more than 10 people in your group or would like to book outside of our normal hours, give them a call and they will help reserve your bays!



Address: 261 N. University Ave. Provo, UT 84601 (801) 613-8960

Provo Beach Resort

Provo Beach is packed with family fun that includes bowling, miniature croquet, ropes course, indoor wave flowrider, arcade games a toddler town and a carousel.

Provo Beach also offers delicious dining at the Pier Cafe and tasty treats at Ike's Creamery.



Address: 4801 North University Ave, Ste. 210 Provo, UT 84604 (801) 224-5001

Olympic Park

The Utah Olympic Legacy Foundation celebrates the spirit of the Salt Lake 2002 Olympic Winter Games to inspire active, healthy lifestyles and increase community uses of Utah's Olympic venues. As Designated Official U.S. Olympic Training Sites, our venues are places of inspiration and accomplishment where young athletes train alongside world champions.

Summer Summit Course at Utah Olympic Park



Address: 3419 Olympic Pkwy, Park City, UT 84098

WINTER

Soldier Hollow

Soldier Hollow in Wasatch Mountain State Park near Midway offers 1,200-foot sliding lanes with lift service for both day and night tubing. Great, affordable outdoor family bbq. To assure a quality experience, Soldier Hollow limits the sale of tubing tickets. On Saturdays and busy holidays, you'll want to purchase your tickets in advance with a credit card.



Address: 2002 Soldier Hollow Lane, Midway, UT 84049

For large groups and parties call (435) 654-2002

Skiing and Snowboarding

Park City

With easy access to 7,300 acres of skiable terrain and authentic mining history, it's not difficult to find something magic worthy to experience. The choice is easy, explore winter in Park City.

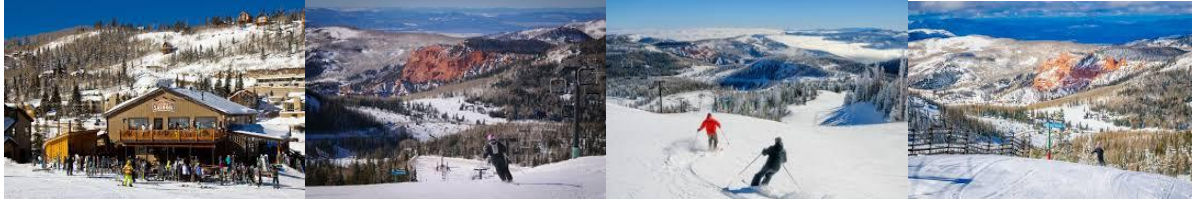


Address: 1345 Lowell Ave, Park City, UT 84060

Phone: (435)649-8111

Brian Head Resort

Brian Head Resort offers The Greatest Snow on Earth®, with annual average snowfall of nearly 360 inches, and Utah's highest base elevation. Covering over 650 acres, the Resort has two connected mountains, Giant Steps and Navajo, offering 71 runs, 8 chair lifts, and 2 surface lifts.



Address: 329 UT-143, Brian Head, UT 84719

Phone: (435)677-2035

Alta Ski Area

There is a spirit to Alta, best described as Friends, Family and Fun. Perhaps it is because skiers have been able to pass on their love for the mountain from one generation to the next.

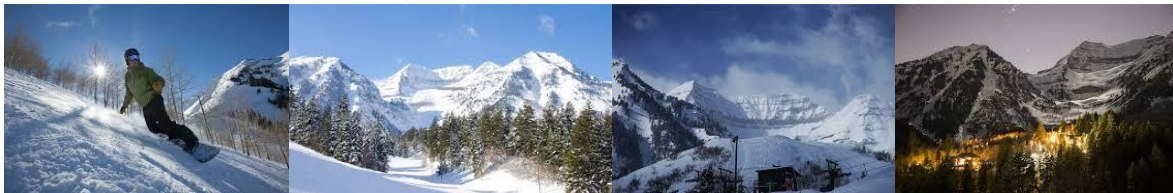


Address: 10010 Little Cottonwood Canyon Rd, Alta, UT 84092

Phone: (801)359-1078

Sundance

It's never too early to start planning for the next ski season.



Address: 8841 Alpine Loop Scenic Byway, Sundance, UT 84604

Phone: (801)225-4107

All resorts offer rentals, hotels and Airbnb
(military discount is offered)

A lot of summer recreation activities can be done in the winter

Car Rentals

Car rentals are available, some Enterprise locations does bring the vehicle to Camp Williams upon requested.

Costco travel is a very cheap and easy way to book your vehicle, they give a free second driver over 25. You would have to call to request any vehicle drop off

Enterprise Rent-A-Car

218 N Stagecoach Dr
Saratoga Springs, UT 84045
(801) 653- 2372

Enterprise Rent-A-Car

655 W 12300 S
Draper, UT 84020
(801) 571-7343

Hertz

11483 S State St
Draper, UT 84020
(801) 495-1324

Equipment Rentals

Mountain Bike Rentals

Hyland Cyclery-

Address: 3040 S Highland Dr, Salt Lake City, UT 84106

Phone : (801) 467-0914

Cottonwood Cyclery

Address: 2594 Bengal Blvd, Salt Lake City, UT 84121

Phone: (801)942-1015

Canoe and Kayak rentals

Paddle Board (SUP), Kayak & Canoe Rentals Utah

Address: 292 S Main St Springville, UT 84663

Phone: (435)580-9042

Green Adventure Sport Rentals

Address: 528 E 300 S St., Orem, UT 84097

Phone: (801) 725-8094

Camper Rentals

Utah Camper Rentals

Address: 14403 S Minuteman Dr, Draper, UT 84020

Phone: (801) 205-3630

Mort's Rentals

Address: 1155 E 50 S American Fork, UT 84004

Phone: (801) 368-1669